



Auburn Drive High School

Principal's Message

News Bulletin

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Cole Harbour, NS
B2W 6E9
462-6900 (phone)

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February/March

Students are quickly getting into a routine and settling into their classes for this semester. Teachers reviewed expectations and discussed the importance of seeking out assistance early. I encourage you each student to aim higher than they did last semester. Make sure you have returned all school and library textbooks before the end of the school year. Guidance counsellors have made presentations to our incoming feeder schools as well to the grade 9 parents. Registration for our current grade 10 and 11 students will begin on February 26 to March 8th for September classes.

For any students graduating early they should give their name to our guidance counsellors so that they can keep students aware of what is taking place regarding fundraising, graduation, and prom. Let's make this a memorable time for everyone. Listen to announcements pertaining to yearbook deadlines. It is not too late to purchase a yearbook (\$65) through our online link or by dropping into the main office.

Extra curricular clubs and activities are important to all. It is never too late to get involved and show your school spirit. Come out to a game or a school event. In the future we will be having Human vs. Zombies, tryouts for various sports teams, social justice events, and much more. Congratulations to all the teams that are going to playoffs – girls' basketball and boys JV and varsity basketball team. The girls and boys hockey team are now in qualifiers. Again, thank you to the staff, liaisons, and coaches for taking the time to coach our teams and advise our groups. Keep a watch out for Student Council upcoming events for the month February and March.

During the last week of January we honored the permanent Mi'kmaq feather that is placed within

our school. Our African Heritage Month Assembly took place on February 19 with a celebration of our rich culture and a host of alumni who took part in showcasing their talent. The Assembly ended with a powerful message about "Our History Is Your History" by our guest speaker. Thank you to the African Nova Scotians Music Association for their assistance with the assembly. Our school will also show a movie on March 1st to celebrate the month. Congratulations to Ms. Kennedy and the cast of the Soup and Sugar Show for their dedication and commitment to fine arts. Later this month we will host our Mental Health Expo on March 5, "It Starts with You." Ms. Munroe and her team have been working extremely hard to bring to you a dynamic day with speakers, interactive activities, and performers.

Curriculum Night was held on February 7, and we had an amazing turnout. Parents followed their child second semester schedule. On February 11th report cards went home. Our school continues to offer our Breakfast Program every Tuesday and Thursday. Special thank you to our volunteers who assist every Tuesday and Thursday to offer choices to our student to get their day going.

Parents/Guardians are also encouraged to continue to check PowerSchool to monitor the progress of their child's work. We encourage you to keep in touch with the school regarding your children. Remember education is a collaborative process. If there is a cancellation the local radio or HRSB website www.hrsb.ns.ca will provide notification by 6am and in a case of schools being cancelled or delayed start due to their FAMILY OF SCHOOLS, our FAMILY OF SCHOOLS is AUBURN.

I want to say thank you to our school coordinators who are organizing trips to London during March Break. I know the students will have a wonderful educational learning experience.

START
where you are.
USE
what you have
DO
what you can

ARTHUR SCHAE

The school works hard to maintain a safe and secure place for our students and teachers. The school does have a video surveillance system as part of the learning environment and cameras are located throughout the building. Given the video surveillance there are images recorded but the administration uses every precaution to make sure to balance privacy rights with safety and security concerns. The school has the legal authority to collect this personal information under Section 24 of Nova Scotia's Freedom of Information and Protection of Privacy Act. Only designated staff has access to our video surveillance equipment. The system is used to enhance school safety and to deter or take action in response to unlawful behaviours.

Looking forward to working with you throughout second semester. Thank you for your messages and well wishes during my recent recognition.

Karen Hudson

Principal

Auburn Culture Sculpture

During the last week of our first semester we added a new sculpture to our school.

It is a ten foot representation of an eagle feather with a base that pays homage to the Mi'kmaq medicine wheel. Although large in dimensions the sculpture has a quiet presence that draws the viewer close. When near in proximity to the piece you will notice text written on the feather. The writings are quotes from various people that speak to hope, reconciliation, issues of discrimination and culture.

To honour the unveiling of the sculpture Chief Terrance Paul joined Auburn staff and students. Elder Peggy Wentzell performed a traditional Mi'kmaq blessing and smudging. This was a deeply moving ceremony that honoured our Mi'kmaq students and celebrated one of the many cultures of Auburn Drive High.

At the end of the ceremony Brittany Pennell of the Acadia First Nation (Kewpukwitk), who is HRCE's Fine Art Specialist with an indigenous focus, gifted Auburn an Eagle feather. The Eagle feather represents the highest form of respect and honour for Indigenous People. This feather will be framed and placed on the wall by the sculpture.

We hope you take a moment to view the sculpture and Eagle feather, as they are wonderful examples of how we celebrate culture at Auburn Drive High.

Dates to Remember

February 4 – Second Semester Begins

February 11 – Lockdown Drill

February 19 – African Heritage Month Assembly

February – 21 & 22 – Soup & Sugar Show

March 1 – Diversity Film for Grade 10s and 11s

March 5- Mental Health Expo – It Starts With You

March 8 – Spaghetti Dinner and Silent Auction

March 13 – Student Council Coffee House

March Break – 18 -22

April 24 – Neptune Event – Colour Purple

April 25 – Band Event

April 30- PD & Parent Teacher Interviews – 1:30-3:30pm & 6:30 -8:30pm

May 16 – Final Band Event

May 17 – PD

May 25 – Aubcon

May 31 – June 1 – Flea Market

June 19 -24 – High School Exams

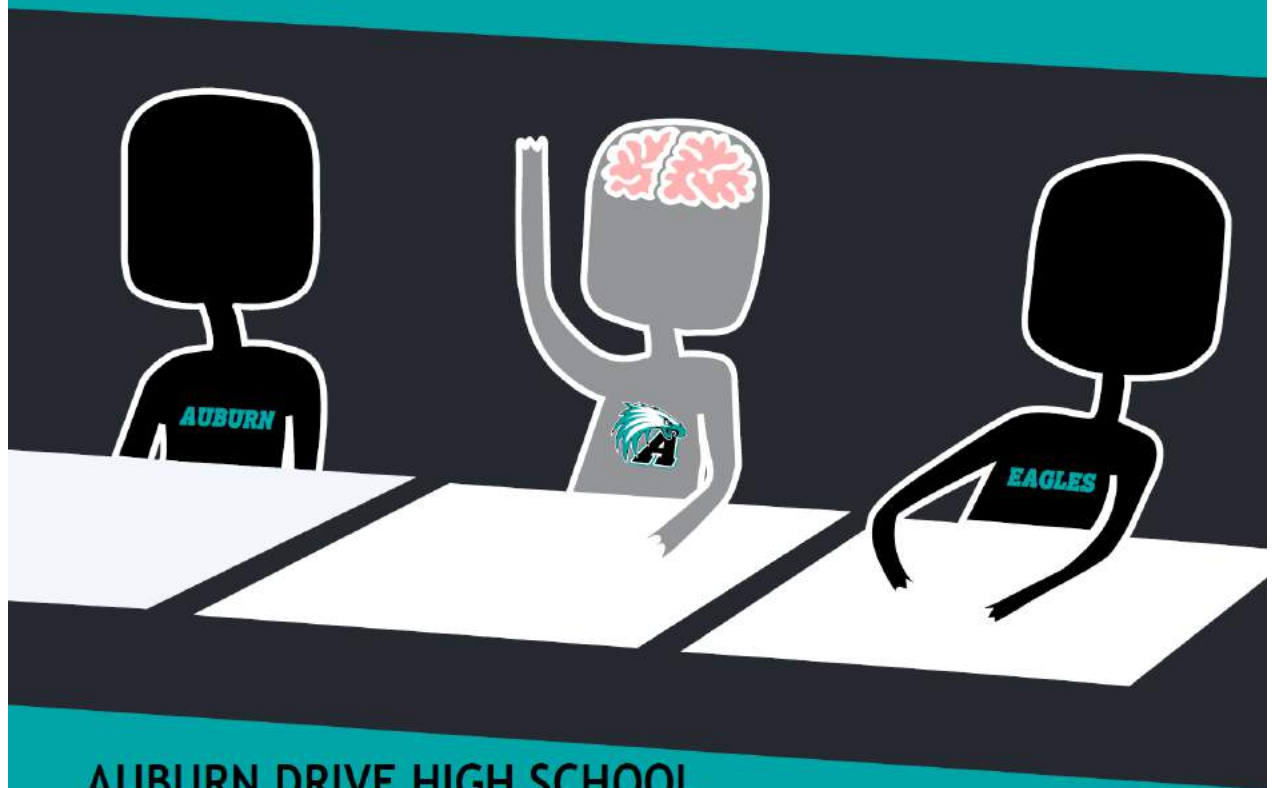
June 25 – Prom

June 27 – Graduation at Dartmouth Sportsplex -2pm


Mental Health and Wellness Expo

IT STARTS WITH YOU

Mental Health and Wellness Expo



AUBURN DRIVE HIGH SCHOOL
MARCH 5TH, 2019

"Happiness
is an 
inside
job."



Auburn Drive  *High School*
FLEA MARKET

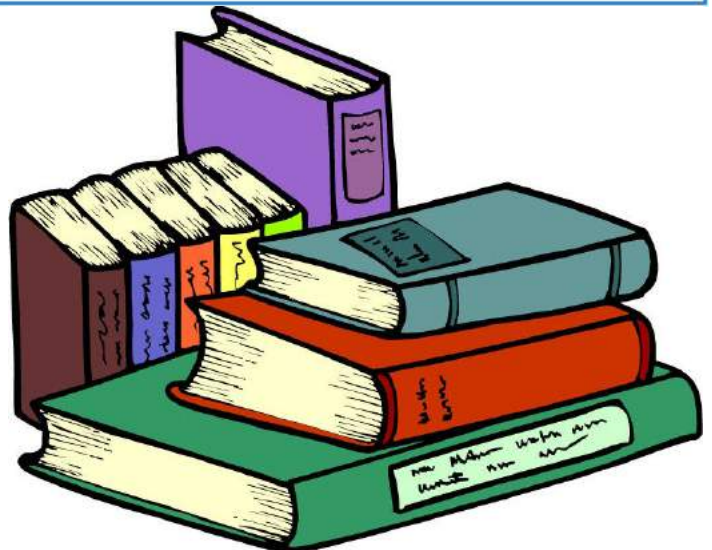
Saturday June 1, 2019

9am - 12:30 pm

New + gently used items

*Books, holiday decor, kitchenware
baked goods, greeting cards + so much more!*

Canteen on site



Sociology 12

On February 11, Sociology 12 students took over the chemistry lab for a little experiential learning. They explored artifacts to piece together the norms + values of the owners as well as looking at common expressions from across Canada as Anthropologists would. They donned lab coats of scientific researchers to study brain scans of pre- and post-concussed football players as well as interview our subject, Principal Hudson, to discover why she decided to become an educational leader. Finally, students became sociologists by researching classmates' behaviour through observations and compare the similarities of philanthropists. Experiential Learning!



Youth Health Centre

February is the month of LOVE



your

(It's as easy as 1, 2, 3, 4)



1. EAT WELL

Check out Canada's Food Guide

Pack healthy snacks! Wash and pre-bag baby carrots, celery sticks and red pepper strips so they're ready for on the go!

Choose water or juice instead of sugar-loaded pop.

Try new foods! You might have to try a new food up to 10 times before you like it.

Don't over eat! Listen to your body, it will tell you when it's full.

Eat a healthy snack every couple of hours to help keep you active and alert.



2. GET ACTIVE

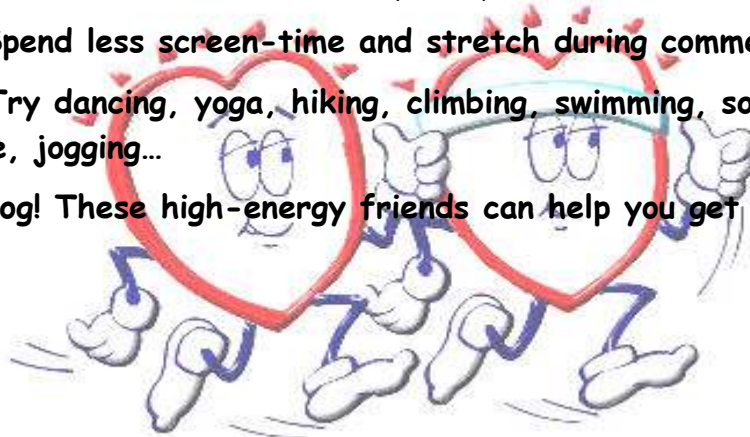
Check out Canada's Guide to Physical Activity

Walk wherever you can! Get off the bus one stop early and take the stairs.

Reduce sitting time! Spend less screen-time and stretch during commercials.

Try something new! Try dancing, yoga, hiking, climbing, swimming, soccer, football, weight lifting, tai chi, karate, jogging...

Play with a kid or a dog! These high-energy friends can help you get active!



3. GO SMOKE FREE

Check out some free Smoking Cessation apps for Your phone!

Smoking is a leading cause of heart disease and stroke

If you don't smoke, don't start...if you do smoke, stop before it's too late!

Come to the YHC for more information on how to stop smoking.



4. REDUCE STRESS

Stress is Killer! Learn how to bust it before it busts you!

Identify the source of your stress. Figure out what's really bothering you; it's the first step in managing your stress.

Share your feelings. Talk to your friends, family, or come to the YHC to get out what's on your mind.

Make the time to laugh! It's your body's natural stress-release mechanism...and some of the best medicine there is!



Sharyn

Sharyn Chapman, Public Health Nurse

Youth Health Centre Coordinator

Auburn Drive High School

(902) 462-6900 Ext. 750-1017

Learning Centre Fun

During Exam Week, the Learning Center hosted a cafe for teachers. Great food, great company and lovely ambiance!





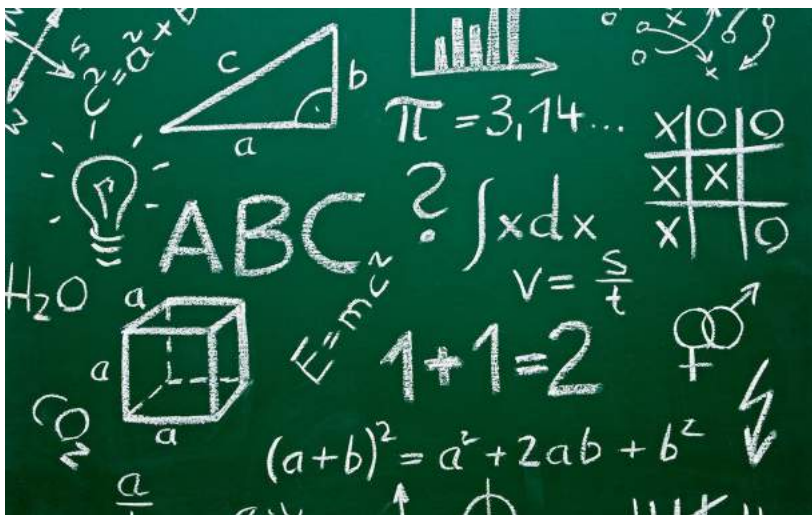
Students from the learning center volunteered their time at Margaret's House to help the less fortunate.



Visual Art 10 News

Math meets Art

This semester Ms.Thompson's Visual Art 10 class will be combining their math and art skills to create rotating sculptural bases, moveable art parts, as well as learning how to add lights to their work. Thanks go out to Mr. McMahon (Auburn math teacher extraordinaire) who will be teaching the math and tech trades behind motors and lighting. A great example of cross-curricular learning.





Host an International Student



The Nova Scotia International Student Program, is looking for families to host international students in their home. Our students come from over 30 different countries around the world, and stay a duration of 3, 5, to 10 months.

This is a wonderful opportunity to expose your family to another culture, and help a visiting student learn about our culture. Quite often the friendships developed from hosting an international student will last a lifetime. Hosting an international student is a great way to show school support and add valuable diversity to our community.

- Provide a private bedroom, 3 meals a day, and inclusion in family activities.
- Host Families will receive a tax -free monthly stipend.
- 24/7 support from a local homestay coordinator throughout the hosting period
- Monthly program activities for the students, and sometimes hosting families.
- Students come with a working knowledge of English.
- Families have the opportunity to share in cultural exchange.



If you would like to have more information about this unique experience please contact:

Krista O'Connor
Homestay Coordinator
krista.oconnor@hrce.ca
902-476-6663

