



AUBURN EAGLES ATHLETICS POLICIES

“Achieving in competition and the classroom” (902) 462-6900

Congratulations, and welcome to the athletic program offered by Auburn Drive High School. The following registration form provides important information to our school that is used to register athletes within the Nova Scotia School Athletic Federation as well as provide information to you and your parents about being an Auburn Eagle! Please read through this form completing and signing where applicable and return this form with the appropriate fee and deposit cheque to your coach or teacher advisor as quickly as possible. Thank you. We all look forward to a great year in sport - “Go Eagles Go”!

Auburn Drive Athletics’ Mission Statement

The mission of the Auburn Drive High School Athletic Department is to create an environment that maximizes student participation, supports academic progress and promotes physical and social development. It is expected that all student-athletes display competitive spirit, exhibit good sportsmanship, and exemplary character throughout the year.

Auburn Athletic Code of Conduct:

- It is expected that all athletes will abstain from performance enhancing drugs as well as illegal drugs including alcohol and tobacco products, and demonstrate respect for the diversity among participants as it relates to race relations, cross-cultural understanding and human rights.
- All athletes must be under 19 years of age as of Sept. 30th of the current school year and are eligible for 3 consecutive years of competition beginning with their first year of high school (grade 10).
- Athletes agree to commit to a team and attend team practices, games, exhibition games, tournaments and meetings for the full and complete season. Athletes who choose to withdraw from a team must notify the coach or principal or athletic director.
- The sport in season has priority over all other sports, practices or meetings. In the event of a conflict, the athletic director will resolve the conflict.
- An athlete must remain in good standing at all times within Auburn High School. This includes the school year leading up to, during the sport, and after the sport season has concluded. Failure to do so may prohibit trying out for and participating on future teams. *See terms of Good Standing Below...*
- Student athletes are reminded all school rules apply at all school sponsored activities. This includes games, practices, tournaments etc. both at school and away from school. **Student athletes must be present in school during the day to participate in an extracurricular activity unless approved by the administration prior to the event.**
- A review committee monitors athlete academic standing, their attendance at school, as well as their ability to responsibly adhere to the guidelines and expectations as listed in our student handbook. Failure to remain in good standing may result in a student athlete being placed on temporary probation, being temporarily suspended from a team, or permanent removal from active participation and involvement with a team.

Athletic Fee and Uniform/ Equipment Deposit Cheque:

The appropriate uniform deposit cheque must be paid to your coach / advisor prior to the first game. The amount will be determined by the Athletic Department. The uniform deposit cheque is held in trust and will be returned to the athlete at the end of the season when all uniforms and equipment are returned. If they are not returned within 14 days of the end of the playing season, the cheque will be cashed. Cheques should be made out to “**Auburn Drive High School**”.

- Uniforms and equipment that belong to the school will be assigned to students for their use. Uniforms are not to be worn to school as general clothing and must be returned immediately following the end of the sport season. Athlete deposit cheques will be cashed to pay the replacement cost for any lost or non returned uniform or equipment item.
- The athletic fee payment schedule will be set at the first parent meeting. If payments are not made on the scheduled dates, then the athlete will be ineligible to play until payments are up to date. The athletic fee payment is non refundable after the athlete plays 1 game.
- The Auburn student fee must be paid at the beginning of the year and is a separate fee different from the athletic fees. This fee registers a student within our school. **No student is permitted to play on school sports teams or clubs without paying the school student fee.** Any student who is unable to afford school fees or athletic fees should see the athletic director.

Guidelines for Student-Athletes: Social Media

As you begin participation in another athletic season, the Athletic Department of Auburn Dr. High School wants to make sure you are aware of the revised social networking guidelines. The Athletic Department recognizes and supports the student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Auburn Dr. is a privilege. As a student-athlete, you represent Auburn Dr. and our community. You are expected to portray yourself, your team, and the School District in a positive manner at all times. Attached you will find the new social networking guidelines which provide the following guidelines for social networking site usage:

- Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
- What you post may affect your future. Many employers and college admissions officers review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posters).
- Similar to comments made in person, the Auburn Dr High Department of Athletics will not tolerate disrespectful comments and behavior online, such as:
 - Derogatory language or remarks that may harm my teammates or coaches; other Auburn student athletes, teachers, or coaches; and student-athletes, coaches, or representatives of other schools, including comments that may disrespect my opponents.
 - Incriminating photos or statements depicting violence; hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism, stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behaviors.
 - Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
 - Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud for years to come.

Transportation:

- HRSB encourages staff and coaches to use buses when ever possible but recognizes there will be times when private vehicles will be used. Many of our larger teams do use buses but it is not always practical for smaller teams. We have been fortunate at Auburn to have many supportive parents and staff who volunteer to transport students in their personal vehicles. HRSB insurance covers the use of private vehicles for adults providing you complete a “J” form (explains vehicle requirements) and return it to the school administration office. Staff, coaches and advisors are encouraged to use private vehicles for evening and weekend games when possible.

Students are not permitted to transport themselves or other students from school or from home under the HRSB Insurance plan. Transportation from home must be by parents who have completed the necessary J form to be covered under the HRSB insurance plan. The parent may choose to allow their child to drive themselves and /or others from home; however this voids any HRSB coverage. In the past coaches have asked for parent volunteers to assist with team transportation. Usually parents who have completed their J form car pool to evening and weekend games. Any staff or parent using a personal vehicle must complete form J each new school year and return it to be placed on file at the main office. We greatly appreciate the support we have received over the years from parents and volunteers. Thank you. Should you require more information regarding the transportation policy please contact the school administration, HRSB or the Athletic Director.

- HRSB Transportation Policy:

8.0 STUDENT TRANSPORTATION IN PRIVATE VEHICLES

8.1. The board encourages, wherever possible, the use of the contractor's school busses for the transportation of students.

8.2 The board recognizes the need for some school employees to use their own automobiles or to rent vehicles for school purposes regularly or occasionally.

Operations Services Student Transportation Procedures Page 4 of 5 Adopted: January 30, 2013

8.2.1 To safeguard the students, employees and board, in matters of liability, particularly as this relates to an employee transporting a student or students, the following will be observed:

8.2.1.1 All transportation of students will be in accordance with the Motor Carrier Act.

8.2.1.2 Students enrolled within this board shall not be permitted to operate vehicles for the purpose of transporting students on co-curricular or extracurricular trips.

8.2.1.3 School Board employees or designate(s) shall not enter into a verbal agreement for transportation of students without having completed and filed the appropriate documentation required with the school. All employees are required to complete Form J found in *myHRSB*.

Athlete Insurance;

It is recommended that all athletes purchase school insurance (gold package) which offers complete coverage for all types of injuries.

- If your son/daughter is injured during a game or practice, the staff advisor will fill out an injury report when made aware of the event. Please visit sip.ca for all guide lines regarding the process of starting a claim. A claim must be started within 30 days of the injury.

Please read and ensure that you understand the following completely.

Notice of Risk:

Some forms of athletic competition involve rigorous physical contact among students, the use of equipment which may result in accidents, strenuous physical exertion, and other exposures to risk injury. Students will be instructed in the proper techniques to be used in practice and competition and the proper use of equipment and facilities. However, you are advised that instruction, precaution and proper equipment may not prevent some accidents resulting in serious, traumatic injury.

Note: In the event of a possible serious injury, the coach or advisor will call for an ambulance.

ATHLETE DISCLAIMER:

Please understand there is potential risk for injury involved in participation in any athletic competition, we try to create a safe and controlled environment for safe participation. Rules for conduct are established and should be followed.

There is a danger of:

- Collision with other participants/or objects in the gym.
- Injury to eyes, teeth, face, head or other body parts.
- Bruises, sprains, cuts, scrapes, breaks, dislocations and spinal cord injuries.
- Exertion and stretching of various muscle groups.
- Vigorous physical exertion, rapid movements and quick turns.
- Strenuous cardiovascular workouts.

FOOTBALL/RUGBY SPECIFIC

- Tackle Football and Rugby are contact sports that may lead to contact-related injuries more so than other sports. Parents need to understand this.
- It is the parent's responsibility to ensure the child's fitness and health and must assure that their children are emotionally and physically able to sustain the rigors of a full contact game, practice or work out session as members of a tackle team.
- Players must comply with all safety protocol and instruction on contact in Football and Rugby. Non-compliance will result in the inability to play or practice at the coaches' and/or athletic department's discretion.

Good Standing

Behaviour:

The role of a student athlete at Auburn is a privilege. Athletes are expected to be leaders in our school environment. Any abuse of these expectations may result in disciplinary actions up to and including suspension from your team.

Students who have been suspended from school (or on in school suspension) will not be permitted to participate in any extra-curricular activities including games, practices and all team events until the suspension is over and the student has returned to regular classes. Any student who received a suspension could be asked to meet with the review committee to determine whether he/she will continue participating on the team or in the extra-curricular activity.

Attendance: For a student athlete at Auburn to maintain the privilege of participation, they must attend all classes. In the event that a student/athlete must be away from school, the following guidelines will be adhered to:

- A Student / Athlete must not have more than 5% unexcused absences.
- A Student / Athlete cannot miss more than 20% of classes for any reason. Exceptions can be considered with appropriate documentation.
- A Student / Athlete must be present in school during the day to participate in an extracurricular activity unless approved by the administration prior to the event.

Academics:

A student failing one course will be placed on academic probation for two weeks. During this time, the student is assigned a teacher advisor who will monitor the student's progress. The student is required to seek and attend extra help from their teachers and report his/her efforts and attendance to the assigned teacher advisor. During this time, students failing one course will be allowed to participate in extra-curricular activities. After two weeks, the student will have a meeting with the review committee to discuss academic progress. If the student is in good standing, they will be taken off academic probation. If at the end of the probation period, the student is not in good standing, they will meet with the committee and if the committee determines that significant progress has been made, then they can be given another 2 week probation period. If significant progress has not occurred after the first probation period then they will be placed on academic suspension (see criteria below).

A student failing two or more courses will be placed on academic suspension. The student will not be allowed to participate in games but can attend practices and team events for two weeks. During this time, the student is assigned a teacher advisor who will monitor the student's progress. The student is required to seek and attend extra help from their teachers and report his/her efforts and attendance to the assigned teacher advisor. After two weeks, the student will have a meeting with review committee to discuss academic progress. If one of the courses is passing, the student will be removed from academic suspension and placed on academic probation for two weeks. They will then follow the academic probation protocol as mentioned above. If the student has not improved their academic standing, they will stay on academic suspension and be monitored until they are academically in good standing.



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Parent signature permitting child to participate in the Auburn Athletic Program

Athletes Name: _____

Age: _____ Grade Level: _____

Birth date: _____ Phone#: _____

Student Email address: _____

M.S.I. Health Card Number: _____

Parent Email address: _____

Phone contact # _____

Emergency Contact Name and #: _____

Allergies or existing medical conditions: _____

Sport / Team / Club: _____

I / we have read and understand the above information regarding expectations of athletes, fee and deposit payments, transportation of students, and agree to fulfill these responsibilities as a student athlete at Auburn Drive High School.

Parent Signature:

Athlete / Student Signature:

Date: _____

Date: _____

Coach Signature:

Date: _____